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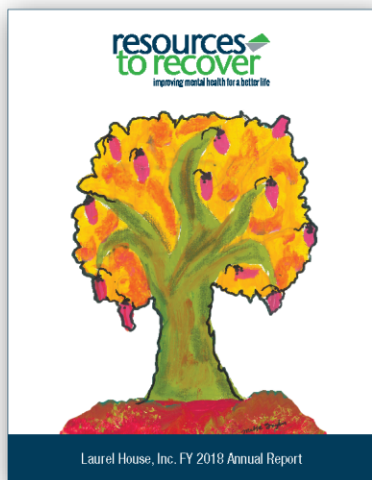
Resources to Recover Advisory Board

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If you take a moment to think about it, you likely know someone living with a mental health disorder. . . a friend, a family member, a colleague or even your own personal connection. You are not alone.

The National Institute of Mental Health (www.nimh.nih.gov) estimates one in five U.S. adults (18 or older) lives with a mental illness. Among the 44.7 million adults with any mental illness (AMI) in 2016, only 43.1% received mental health treatment in the prior year. The percentage of young adults aged 18 - 25 with AMI who received mental health treatment was lower still, at 35.1%.

The need continues to grow, yet mental health programs and services continue to be seriously underfunded, so your support is critical to our operations. This past year, through the generosity of private funding, we were fortunate to serve **842** individuals, as well as their families, from the towns of Darien, Greenwich, New Canaan, Norwalk, Stamford, Weston, Westport, and Wilton. **340,000** unique visitors to Laurel House's free service, www.rtor.org, were able to connect with endorsed providers and informative blogs to aid in their search for treatment. **1,200** of those visitors requested personalized service; two expert Resource Specialist clinicians answered those requests.

We have sustained successful outcomes with our evidence-based programs. We have helped our program participants: get and keep competitive employment; attain college and graduate degrees or vocational certification; live more independently in safe, affordable supportive housing; improve thinking skills; and increase social engagement in the community. But as effective as those results have been, there are far more people - particularly young adults - who require our help, and that means Laurel House needs funding for additional skilled and compassionate clinicians.

We recognize that you have many choices when deciding on a charitable contribution. We hope you will consider Laurel House and the impact your donation can make on an individual's mental health recovery. Please use the enclosed envelope or go online to www.laurelhouse.net to contribute. If you would like to learn more about our participants' successful outcomes, please visit our website and review Laurel House's Fiscal Year 2018 Annual Report.

With gratitude for consideration of our request,

Linda M. Autore

Linda M. Autore
President and CEO

Resources to Recover Family of Services and Programs