



"I really am grateful to be a part of the Laurel House community, it's one of the best things that's happened to me last year. The warmth of the place, the support and the commitment Laurel House has to offer, the kind of workshops and programs, it's really a pleasure to be here."

Barbara Josselsohn,
Volunteer



The **Power of One Award** recognizes a volunteer who has given selflessly to assist and encourage program participants.

For more information, contact:

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Volunteer Opportunities



Laurel House, Inc. helps individuals and families achieve and sustain mental health to lead fulfilling lives in the community.

Why Volunteer at Laurel House?

Without volunteer support, Laurel House could not achieve its mission of recovery. It takes time, money and commitment to provide people with a place to work, learn and engage with others. By being a volunteer, you are helping to make a difference in someone's life. For many, Laurel House is their only family. Recovery requires a network of support.

How Can You Volunteer at Laurel House?

You can help support mental health recovery by volunteering at Laurel House.

Help is needed in Food Service and preparation, Supported Education tutoring, and specialized skill building workshops such as the Artists', Writers', and Cooking Workshops.

Fundraising Event Committee: help plan and execute annual fundraising event.

Tutor: assist Program Participants individually in college level academic work.

Workshop Presenter: cover a one-time topic of interest or a series of topics on a recurring basis. In addition to providing information, engage participants in conversation on topics related to skill building for education and employment or creative interests (art, writing, music, reading, hobbies).



Food Prep: assist in lunch or special holiday meal preparation and after meal clean-up. Coach Program Participants who assist in kitchen.

Café: provide counter service to program participants and guests. Coach Program Participants in counter service.

www.rtor.org: guest blog on various topics on the website.

Tell us your talent and we'll match a program to it!