

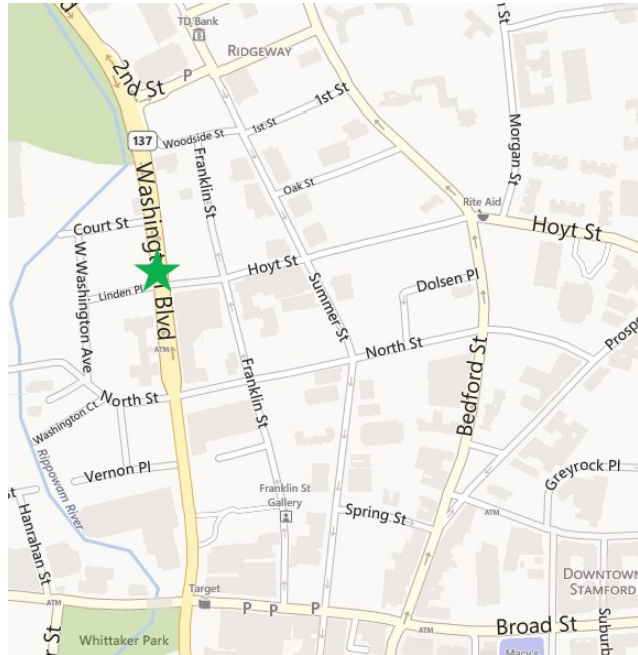


Laurel House is a non-profit 501(c)(3) in Stamford, CT serving the needs of those living with mental illness in lower Fairfield County.

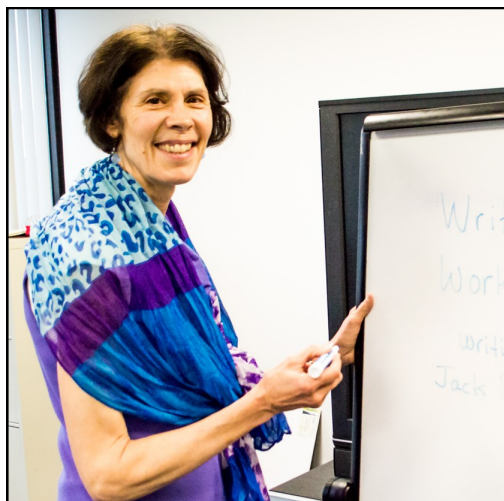
Mission: To provide resources and opportunities for people living with mental illness to lead fulfilling and productive lives in their communities.

Core Purpose: Early Intervention and Remediation, Social Inclusion and Recovery.

How to find us:



Volunteer Opportunities



Laurel House, Inc. Resource Center

1616 Washington Blvd.
Stamford, CT 06902
(203) 324-7734
www.laurelhouse.net

Barbara Rossi
Director, Development and Volunteers
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Laurel House, Inc.
1616 Washington Blvd ■ Stamford, CT 06902
Phone: 203.324.7734 ■ www.laurelhouse.net

How Can You Volunteer at Laurel House?

Treasure Hunters Thrift Store

- **Customer Service:** assist Store Manager in creating a great shopping experience for customers and welcoming learning environment for clients in job training.
- **Pricing/ Inventory:** price and stage presentation of donated items.
- **Display:** assist Store Manager in staging the store floor and display window with donated items; help train clients in pricing and staging merchandise.
- **Clothing Sorter:** sort donated clothing (to remove all non-saleable and out of season clothing articles); hang clothing and organize goods on the sales floor.

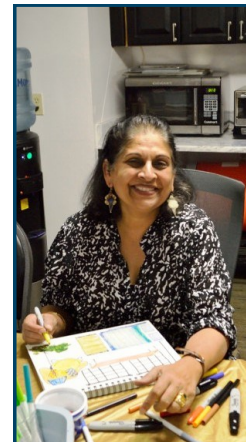


Marketing and Development

- **Event Preparation:** assist in creation of marketing and PR materials; sponsorship and/or silent auction preparation;

Recovery Connections

- **Tutor:** assist program participants individually in college level academic work.
- **Coaching:** support program participants in developing their strengths and talents. Provide job coaching to improve specific skills and promote a successful performance. Assist with budgeting skills to improve personal financial management.
- **Workshop Presenter:** cover a one-time topic of interest or a series of topics on a recurring basis. In addition to providing information, engage participants in conversation on topics related to education, employment or creative interests (art, writing, music, reading, hobbies).



"As a volunteer, I am performing a job that is both challenging and gratifying. I am proud to be a member of the Laurel House team helping participants discover their inner-strengths and learn new coping skills."

- Betsy Varian, Volunteer

Food Service and Wellness

- **Food Prep:** assist the Chef in lunch or special meal preparation and after meal clean-up. Help with food inventory. Coach program participants who assist in kitchen.
- **Café:** provide counter service to program participants and guests. Coach program participants in counter service.
- **Workshop Aide:** assist Chef with weekly cooking workshops for program participants.



Tell us your talent and we'll match a program to it!