

Laurel House, Inc.



FY 2020 Annual Report



Social Inclusion, Early Intervention, Recovery

Each year, the CT Department of Mental Health and Addiction Services (DMHAS) requires organizations that receive funding to conduct a standardized Consumer Satisfaction Survey (March through June), results of which are reviewed and summarized for each organization. Laurel House has consistently done well on the survey of programs in Social Rehabilitation, Supported Education, Supported Employment and Supportive Housing Services. But this year, the write-in comments reached a new level of Gratitude. Listed below are some of those comments.

Program Participant Satisfaction

“The support I get from Laurel House is everything to me. I don’t feel like a number at Laurel House. I feel like a person who is counted and able to participate.”

“I am ten times better than when I first started coming to Laurel House.”

“I am a different person now – in a better way.”

“Among all the services I have been through, Laurel House has been the most consistent and the most helpful.”

“Three weeks of no smoking, all because of the help of Laurel House.”

“Everything and everyone have been so good to me. I have benefitted greatly from Laurel House and someday I hope to do something if I can in return.”

“I feel good about myself. Thank you.”

“This is my 3rd run at Laurel House Employment. It feels like the 3rd time is a charm and I really like my Employment Specialist.”

“The services are a blessing to all persons who are impaired in some way and have a disability, to help organize, teach skills, and prepare for being ready and independent.”

“The staff are remarkable. Whoever is on the hiring committee over the years I have been here, have done a wonderful job. They are friendly, caring and very supportive.”

“Knowing Laurel House is there as a safety net is comforting. The agency was able to help me get a job that I love.”

“I appreciate the extra help I have been given. 5 Stars. Excellent staff – People are helped here. Hard working, understanding, encouraging! Kind!”

A Message from our CEO and our Chairman

Resilience and Gratitude: Lessons Learned from our Program Participants

In the course of our daily operations, we continue to face the backdrop of uncertain times caused by the toll of COVID - 19, by social unrest due to racial disparities in access to healthcare, educational, social and economic resources, and by widespread financial losses. This pandemic has magnified the effects of isolation on mental health. But few have experienced the isolation and associated anxiety more than the clients we serve, and particularly those who are black and people of color.

Laurel House program participants have displayed an amazing resilience, learned over time, not only by dealing with their disability of mental illness, but also by experiencing the poverty that is part of their daily lives. Nearly 100% of the clients we served this past year have household incomes that are at or below 50% of Area Median Income; 27% of our program participants are Black or African American and 17% are Hispanic.

Our clients' gratitude for Laurel House's services and outreach inspires our entire team. (Please see on the opposite page some of their prolific responses to a recent client satisfaction survey.) The services that we have provided in their local communities have been met with an exuberant **Thank You**. We have supported dire needs and the most basic of needs including: delivering food and medication; providing activity books for use at home and through our online workshops; assisting with the completion of forms to maintain subsidized housing and helping clients complete unemployment applications when they were furloughed.

We in turn are immensely grateful for the ability to continue our services without interruption, thanks to:

- The sustained generosity of our donors, foundation and grant funders, volunteers and supporters.
- Laurel House staff at every level who put themselves at risk to ensure clients (including tenants in our apartment buildings and in scattered site apartments in the community) remain safe, healthy and not isolated.
- Receiving a Cares Act Payroll Protection Program loan which facilitated our team's full employment.
- Foresight to ensure we had the technology to host our programs virtually and to enable our counselors to be quickly responsive to client calls and online requests.
- The continued growth and services offered through our online portal **www.rtor.org** in partnership with our Resource Specialists who have met the increased requests to Laurel House and rtor.org for mental health services. We've supported many new clients who are struggling with mental health issues for the first time, including front-line healthcare workers, and the families of those who lost a loved one due to the pandemic. We are honored to be a touchstone to mental health recovery.

Thank you to everyone who has supported us and who has encouraged our work. This has been an especially challenging year for us financially. The inability to hold our Annual Fundraiser resulted in our first deficit in many years. Your donations will make the difference in sustaining the continuity of our services and our clients' renewed hope and confidence to lead fulfilling lives in the community.



Linda M. Autore
President and CEO



Kenneth A. DellaRocco, Esq.
Chairman, Board of Directors



Removing Barriers to Success at Work, In School, and Living Independently

Supported Employment and Mobile Employment Services

Laurel House utilizes the evidence-based practice of Individualized Placement and Support (IPS) developed at the Dartmouth Psychiatric Research Center to help individuals with mental illness get and keep competitive employment focused on their strengths.

60 - 80% of people living with serious mental illness are unemployed but most identify employment as a primary life goal. Laurel House also provides Mobile Employment Services (MES) onsite and online to individuals in recovery from opioid and substance use disorders living in recovery housing. Laurel House is 1 of only 5 organizations in CT selected for the MES contract.



Keri Walker, Supported Employment Specialist, leads Skills for Success group



Lisa Bacchiocchi, Supported Employment Specialist, leads Zoom group



Thinking Well Coordinator, Arlene Lawrence, leads Thinking Well Group



Daryl Mohammed, Client Intake Counselor, leads Brain Games Group

Supported Education and Tele-Education Services (TEdS)

An evidence-based program, Supported Education assists participants in choosing a post-secondary school or vocational certification program, applying for admission and financial aid, selecting and enrolling in classes, and accessing on-campus disability support services. For Fairfield County students who go away to college and are living on campus, Laurel House offers TEdS, giving the student access to his/her counselor via video-calling, emails, texting, and phone calls. Counselors help students identify resources, create time schedules, develop coping skills to meet academic, social and emotional demands, and utilize on-campus offerings.



Supported Education Coordinator, Tyler Nolan, delivers a donated laptop to one of his clients

Thank You to **People with Disabilities Foundation** for funding toward Supported Employment and **Purdue Pharma, L.P.** for support of Mobile Employment Services and Thinking Well. Thank you for Thinking Well Mobile support from: **The Community Fund of Darien; Fairfield County's Community Foundation;** and **The Inner-City Foundation for Charity & Education.** Thank you to **Greenwich United Way** for support of both Thinking Well and Supported Education and to **The Pitney Bowes Foundation, Inc.** for support of TEdS and Supported Education. Thank you for Supported Education funding from: **The Dammann Fund, Inc.; Greenwich Dept. of Human Services; New Canaan Community Foundation** and the **Acushnet Fund; John H. & Ethel G. Noble Charitable Trust; Savings Bank of Danbury;** and **Stanley Family Foundation.**

Community Support Services and Supportive Housing

Laurel House provides safe, affordable housing and critical support services to sustain the mental health and substance use recovery of individuals in independent living settings. Services are provided in Laurel House's own apartments and in scattered site apartments in the community where Laurel House is not the landlord. Participants in **Supportive Housing and Community Services** programs receive case management, coaching in Activities of Daily Living (ADLs), goal planning and monitoring for recovery, and assistance in budgeting and accessing community services. They participate in social rehabilitation **Peer Support and Wellness** groups to develop coping skills, self-management alternatives, problem solving and stress reduction skills. Clients benefit from regular outreach by counselors to ensure their nutrition and physical health is monitored and addressed.

Safety protocol for COVID-19 response

has added a new set of considerations to delivery of services, but it has not changed the basic outbound model – meeting clients in the community as much as possible. Facetime, Zoom and phone calls supplement those community meetings. Delivery of meals (instead of lunch in the Resource Center café), masks, and activity books and materials for use in online workshops are part of the outreach to keep program participants engaged and prevent isolation.

The well-being and safety of clients and staff is paramount in Laurel House's operation. In addition to the use of masks, hand washing, personal protective equipment, safe distance signage and practice, and frequent cleaning of facilities and apartments, all employees are vigilant about modeling safe practices for clients.



Supported Employment Manager, Pat McGrath and Laurel House team prepare lunches for delivery



Marian Caldera, Community Support Counselor, assists her client with paperwork needed for housing subsidy



Karen Marin, Community Support Counselor, delivers boxed lunch to Laurel House client



Laurel House apartments are deep cleaned and frequently cleaned and disinfected as needed



John Wooten, VP Operations and Stamford Police Captain Diedrich Hohn, donating face masks to Laurel House



Safe distance signage and practice in use throughout Resource Center

Thank you to **First County Bank Foundation, Inc.** for Supportive Housing funding and to **The Oaklawn Foundation** for General Operating funding and also for Laurel House Supportive Housing apartments' operation funding. Thank you for funding of Food Service and Client Assistance from: **First Congregational Church of Greenwich Women's Fellowship; Rotary Club of New Canaan; St. Francis Episcopal Church;** and **St. John's Community Foundation.** And thanks to: **Capital One; Cosi, Inc.; Diddel & Diddel, LLC; Dolphin Cove Community** and **St. Leo's' Parish of Stamford** for holiday food and gift certificates for clients.



rto.org – Online Resources to Recover

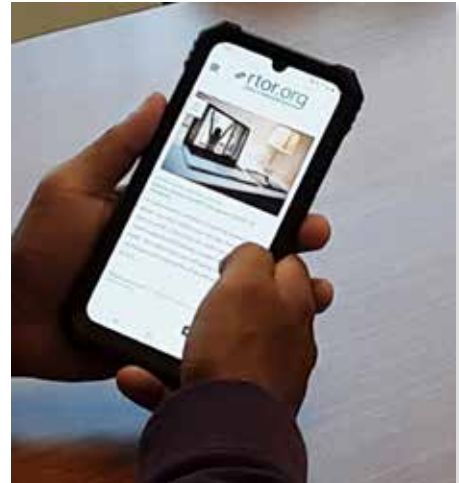
www.rto.org is a free online service that helps families and individuals affected by mental health concerns connect with expert treatment and services. Through the website, individuals and families can contact a Resource Specialist by phone or email for free personalized help with a problem, obtain information about best practices, or consult the Directory of Family-Endorsed Providers for recommendations on vetted programs and practitioners.

In FY20, utilization of the website increased by 83 percent, mainly due to the quality of the blog and information pages, which were viewed by **576,015 unique users** last fiscal year.

www.rto.org offers more than **1,000 webpages** of mental health information, including two recent series of blog posts on the mental health impact of COVID - 19 and racial disparities in access and quality of care in mental health services.

In September 2019, www.rto.org launched a new blog **Close to Home: The Fairfield County Mental Health Blog** to reach and help more local families and individuals. This new offering is part of an initiative to provide more assistance and have a greater impact in the communities where Laurel House and Resources to Recover are based and supported. As we drive more visibility to the use of the website in the Fairfield County towns served, local users who request personalized service get not only access to expert providers but local service in evidence-based programs such as Supported Education, Supported Employment, Cognitive Remediation, Social Rehabilitation skill building and Supportive Housing.

Since its launch in 2014, www.rto.org has logged **more than 2 million visits**, while our two Resource Specialists have provided **free personalized help to 6,376 families and individuals**.



rto.org FY20 Results

- Unique users of the site: 576,015
- Unique visits to the site: 670,830
- Users who are female: 68%
- Users who are 18-35: 51%
- 2,160 requests for free personalized service answered by two Resource Specialists



Denise Vestuti, LCSW, rto.org Clinical Director

“When a family member struggles with mental health or substance abuse issues, recovery for the whole family is a journey – from heartbreak to healing.” **Please watch *Recovery, the Whole Family's Journey***, to see more about how rto.org and Laurel House services can connect your family with the best sources for help. Go to www.rto.org and click on the video on the home page.

Thank you to **Oak Foundation** for its significant support, facilitating free service to individuals requesting personalized service on rto.org. Thanks to **Near & Far Aid Association, Inc.** for support for rto.org operating costs.

Laurel House and rtor.org Community Collaboration

Advocacy for mental health and substance use recovery and outreach to local communities are key components of Laurel House's and rtor.org's goals to **increase access to service** and to **expand the reach of programs to underserved communities**. The team spends significant time in the eight local towns served, meeting program participants and their families where they live, go to school, work and socialize. Rtor.org and Laurel House staff engage with local organizations, Houses of Worship, and collaborative agencies to give visibility to available services and connect individuals with treatment.



Recovery Evening Celebration 9/24/19 hosted at Mitchell's of Westport

3rd Annual **Community Addiction Awareness Vigil**, 9/05/19, New Canaan



11/21/19 Discussion with authors of *The Stressed Years of Their Lives*, at The Harvey School, Katonah, NY

**Laurel House
Volunteers Making a
Difference in Program
Participants' Lives**



Betsy Varian, **Power of One Award** winner, for second time (first in FY13). Betsy moved her Writers' Workshop online.



Michael Parker, Laurel House Board Director, receives award from actor/director Charles Naughton, for **Outstanding Health Advocate** at Moffly Media's Light a Fire Celebration of Giving, Westport Country Playhouse (12/5/19)



Holiday baskets for Supportive Housing tenants presented by Diddel & Diddel, LLC



Capital One & Cosi, Inc. provided lunches for Laurel House clients in the community.



Citizens Bank prepared and served meals during their Volunteer Day

Thank You to our Donors

Sigurd Ackerman, MD and Cecelia McCarton, MD
ACM Productions, LTD
Acushnet Fund
Pamela Adams
Aetna Foundation
AmerisourceBergen Foundation
Julie and Leif Andersen
Hope Anderson
Anonymous (16)
Appleby Charitable Lead Trust
Anne and Peter Ardery
Jeff Autore
Linda and Gene Autore
Michael Autore
Robert F. Autore, DMD
R. Ellen Avellino
Lisa Bacchiocchi
Linda Balestracci
Bank of America Corporation
Katherine D. Barba
Hope Barcus
Mary J. Barneby
Carlos Barrios
Kenneth Bartels and Jane Condon
John and Candy Bartlett
Richard and Alexandra Baudouin
Rachel and Simon Beaumont
Arline Beckoff
Amy and Tom Bell
Katherine Benson
Berkowitz & Hanna Charitable Fund
Steve and Patty Beversluis
Christine M. Biddle
Krista Biello
The Peter and Marilyn Biggins Fund
Betsy and Ben Bilus
Bluenose Fund
Constance Boll
Jay and Tina Boll
Julian Booth
Albert C. Bostwick Foundation
Laura and John Boulton
Dawn Brusco
Sanford Buchsbaum
Building and Land Technology / Harbor Point
Marian Caldera
Kristi Calver
Richard and Celia Canning
Capital One
Patricia Capolino
Peter B. Case
Carol Caswell
Mary V.T. Cattan
Jenny Chan
Joe Cicarella
Marilyn Clements Charitable Fund
Cognitive & Behavioral Consultants, LLP
The Community Fund of Darien
Carolyn and Andy Cornelius
Cosi, Inc.
Nanan and Christopher Coughlin
Mary Coughlin Jackson

Constance R. Cowen
Crescent Cleaners
Nicole Curry
Lisa and Michael Cuscuna
Vincent and Nicky D'Agostino
The Dammann Fund, Inc.
Kathleen Del Col
Kenneth A. DellaRocco, Esq.
Design Republic Partners Architects, LLC
Catherine F. Devine
Catherine Dexter
Diddel & Diddel, LLC
Dennis M. Dolan
Marianne K. Dolan
Dolphin Cove Community
Nicholas DuBiago
Christy Duggan
Greg Dunn
Ashley Edmonson
The Edouard Foundation, Inc.
Esperanza Eilets
Maryellen Estrada
Nancy Fahey
Fairfield County's Community Foundation
Fairfield County COVID-19 Resiliency Fund
Sharon and Jack Feighery
Stephanie Feinland
June Ferreira
Barbara Fink
First Congregational Church of Darien
First Congregational Church of Greenwich
Women's Fellowship
First County Bank
First County Bank Foundation
Susan and Mark Florence
Mary F. Flynn
Carl Gage
Leigh Gage
Nina Gage
Bill and Ellen Galvin
Chandu and Eleanor Gajria
Henry Gasiorowski and Michele Gasiorowski,
MD, PC
Samuel Gault
Marion A. George
Carey Gerwig Jones
Lile and John Gibbons
David Golub and Kathryn Emmett
Jes Gomez
Bruce and Ellen Gordon
Gordon Family Charitable Foundation
Dean and Joan Goss
Mr and Mrs. Michael Grant
William Caspar Graustein Memorial Fund
Luke Greenberg
Greenwich Department of Human Services
Greenwich Hospital
Greenwich United Way
Michael Groat, PhD
John and Francine Gurtler
Mrs. Howard E.C. Hall
Betsy and Alexander Hamilton IV

In Memory Of

John Appleby
Elinor Appleby
Guy Autore
Jonathan Castaneda (6)
Wendy Champeix (2)
Eric Falconer
Mary Farrell
Brian Gerwig
Terry Kuenning
Kathleen Monahan Martin
Jay Spencer Biddle Millius (3)
Robert Henlee Northington (2)
Andrea Pavia (2)
Richard Pielert
Carolyn Policastro
Ennala Ramcharandas
Evan Reinhardt
Andrea Roosendahl
Rosemary Sullivan (5)
Emily Swasey

Darcy Haskins
Elise Healy
C. Robert and Mary Henrikson
Francine Hillier
Louise S. Hoffman
Jeanne Host
Houck Family Charitable Gift Fund
Houlihan-Parnes Realtors, LLC
Peter and Darlene Howell
Thomas and Maori Hughes
Sara and Dave Hunt
IBM Retiree Charitable Campaign
Cathy Illescas
Indeed
The Inner-City Foundation for Charity & Education
The Inner-City Foundation for Charity & Education
COVID-19 Emergency Funding
Philip and Eliot Jacobs
Devon Johnson
Robert Johnston
Penny Johnston-Foote and Ray Foote, Jr.
Johnston-Foote Family
Charles C. Judd
KAF Manufacturing Co., Inc.
Dean Kaplan
Karl Chevrolet
Janet and Leo Karl III
James and Shannon Kear
Adrienne D. Kelly
Karen M. Kelly
Kate Kiguradze, DDS, MPG
Konstantin Family Foundation
Charles Koons
Joanna Ksiazek
Trey Laird
Robert and June Langenhan
Kate and Steve Larson
Maria and Bruce Lassman

Thank You to our Donors

Arlene Lawrence
Heidi Leatherman
Barbara Levy
Steven M. Lohr
Lance and Terry Lundberg
Eugene and Phyllis Lupinacci
Lyric Services, Inc.
Heather MacLeod
Michelle Maidenberg
Kathlene Makara
Andrea Mallozzi
Alan Mark
Susan and Kevin Marks
Crozer Martin
Martin LLP
MBI, Inc.
Eileen A. McAndrews
Jo-Ann and Bill McCann
Lauren and Brian McCann
Peter and Margriet McGowan
Lisa McGrath
Michael and Maureen McGrath
Patrick and Maureen McGrath
Sean McGrath
Michael and Susan McKay
Kevin and Ronda McLeod
Pat McNabb
Joe Melfi
Craig Mikhitarian and Dana Mooney
Joseph and Linda Milano
Jacqueline Modica
John Molloy
Jim and Rose Monahan
Monica Moore
Gerald Morgan
Bruce and Dale Morrison
Irma Morton
MOTIVNY
Sandy Motland
Deann E. Murphy
Near & Far Aid Association, Inc.
Near & Far Aid Association, Inc.
COVID-19 Relief Fund
J. Nedell
New Canaan Community Foundation
Nielsen's Florist
Andrea Noble
John H. & Ethel G. Noble Charitable Trust
Oak Foundation
The Oaklawn Foundation
Dennis and Mary Ellen O'Connor

Kara O'Connor
Kevin and Sara O'Connor
Zack O'Connor
Oppenheim Family Fund
Kim O'Reilly
Peter and Beverly Orthwein
Gail Ostrow
Catherine and Louis Paglia
Patty and PJ Papale
Michael and Ginny Parker
Anne Pauletti
Frank Cogliano and Megan Pavia
Christopher and Margaret Pavia
People with Disabilities Foundation
People's United Advisors
Perakis Family
Patricia and Robert Phillips
Piccaro Family Charitable Fund
Pitney Bowes, Inc.
The Pitney Bowes Foundation, Inc.
Laurence Pitteway
Allison Pregman
Purdue Pharma LP
Chitra Ramcharandas
Jessica Reilly
Paul and Marge Reinhardt
The Resource Foundation, Inc.
The Resource Foundation, Inc. COVID-19 Expenses
Ed Riley
Ann P. Rogers
Emma Romano
Lisa and Jim Romano
Rita H. Romano
Kathleen Rorick
Larry M. Rosenberg, PhD and Lina Morielli
John and Marilyn Rosica
Don and Barbara Rossi
Rotary Club of New Canaan
Raymond and Kathleen Rudy
St. Barnabas Episcopal Church
St. Francis Episcopal Church
St. John's Community Foundation
St. Leo's Parish of Stamford
Diana and Peter Samponaro
Savings Bank of Danbury Foundation
The Schuster Group
Diane Cohen Schneider
Betsey and Arthur Selkowitz
Lynn Sellon
Raymond and Catherine Sementini
Shana's House

In Honor Of

Linda Autore (3)
Charlie Barneby
Geoffrey Coughlin (3)
Lily Genovese (5)
The Genovese Family
Penny Johnston-Foote (4)
Margriet McGowan
Peter McGowan (2)
Michael Parker (2)
Diane Cohen Schneider
Philip Van Eick

Charline and Tony Shaw
Elizabeth Siderides, MD
Silver Hill Hospital
Mark and Heidi Silverstein
Elliott and Marguerite Sisson
Stephen Skillman
Rose and Alex Sluzas
Smith Arnold Partners
Christopher and Cathleen Stack
Stamford Police Association
Stanley Family Foundation
Ricki Stern
Jayme J. Stevenson
Jayme and John Stevenson
Judith Stile
Daria Sullivan
R. Sullivan
Supportive Housing Works, COVID-19 Expenses
Patricia R. Swasey
Nancy Tarzanin
Stephen Taus
Jeffrey and Allison Taylor
Nora Thompson-Perry
Tooher-Ferraris Insurance Group
Sonia Traulsen
Regina Trimble
Christel H. Truglia
Sally and Roger Turner
UBS Matching Gifts Program
Union Memorial Church
Lynn and Philip Van Eick
Betsy Varian
Denise and Gary Vestuti
Susan M. Vogel
Mary Vogler
Nancy and Peter von Euler
Sonal Vora
Keri Walker
Cheryl Warner
Angela Watters
Weatherly Asset Management
Wofsey, Rosen, Kweskin & Kuriansky LLP
Stacy and Jeff Young
Richard and Carol Young
Jennifer Zauner
Melissa J. Ziegler Trust
The Zinman Family

COVID-19 Relief Funding

Fairfield County COVID-19 Resiliency Fund
William Caspar Graustein Memorial Fund COVID-19 Relief
The Inner-City Foundation for Charity & Education COVID-19 Emergency Funding
Near & Far Aid Association, Inc. COVID-19 Relief Fund
Pitney Bowes, Inc. COVID-19 Operating Support
The Resource Foundation, Inc. COVID-19 Expenses
Supportive Housing Works, COVID-19 Expenses



Recovery, The Whole Family's Journey

Laurel House June 2020 Champions' Tribute



Champion for Recovery
Anthony L. Rostain, MD, MA

Dr. Anthony L. Rostain is a nationally recognized speaker, educator, and expert in the field of child and adolescent psychiatry. He currently serves as Chair, Department of Psychiatry and Behavioral Science at Cooper University Health Care; Professor of Psychiatry and Pediatrics at Cooper Medical School of Rowan University; and Emeritus Professor at the University of Pennsylvania.

Dr. Rostain is also an attending psychiatrist at both the Children's Hospital of Philadelphia and Penn Medicine Behavioral Health. His clinical focus is "lifespan neurodevelopmental psychiatry," which includes caring for patients with attention deficit hyperactivity disorder, autism spectrum disorders, Tourette Syndrome, learning disabilities, and related social-emotional learning disorders.

Dr. Rostain received his medical degree from New York University, and also holds degrees from the University of Pennsylvania and Yale University. He co-authored *The Stressed Years of Their Lives*, a book focused on encouraging students' social-emotional readiness so that they can thrive during their college years.

Laurel House Town Champions

Darien
Lily Genovese



Greenwich
Penny Johnston-Foote



New Canaan
Leo Karl III



Wilton
Genevieve Easton



Thank You to our Sponsors & Supporters

Champion

Anonymous

Advocate

Houlihan-Parnes Realtors, LLC
Sara and Dave Hunt
KAF Manufacturing Company, Inc.
Lance Lundberg
MOTIVNY
Nielsen's Florist

Patron

Sigurd Ackerman, MD
Greenwich Hospital
Martin LLP
Michael and Ginny Parker
Larry M. Rosenberg, PhD and Lina Morielli
Diana and Peter Samponaro
Shana's House

Benefactor

Julie and Leif Andersen
Linda and Gene Autore
Baywater Properties
Design Republic
First County Bank
Penny and Ray Foote
Julie and David Genovese
Johnston-Foote Family
Karl Chevrolet
Pitney Bowes
Chitra Ramcharandas
Silver Hill Hospital

Underwriters

Anonymous (2)
Louise S. Hoffman

Supporter

R. Ellen Avellino
Christine M. Biddle
Jay and Tina Boll
Cognitive and Behavioral Consultants, LLP
Kenneth A. DellaRocco, Esq.
Dennis Dolan
Michael and Susan McKay
Margriet and Peter McGowan
Dennis and Mary Ellen O'Connor
People's United Advisors
Raymond and Kathleen Rudy
Stacy and Jeff Young

Media Sponsor

Moffly Media

Laurel House, Inc. & Friends of Laurel House, Inc.
Summary Income & Expense For Years Ended June 30

	FY 2020	FY 2019	FY 2018
Revenues:			
Public Funding (State of CT; HUD)	\$1,559,360	\$1,537,046	\$1,615,161
Private & Other Revenue Sources:			
Rent, Thrift Shop, Services, Cafeteria	212,806	297,743	296,664
Private Funding	785,553	903,648	1,327,651 ¹
Total Revenues	2,557,719	2,738,437	3,239,476
Expenses:			
Salaries and Benefits	1,924,604	1,868,568	1,811,146
Operating Expenses	596,289	718,175	696,232
Development & Marketing	49,272	111,627	106,973
Interest	35,220	34,296	36,143
Total Expenses	2,605,385	2,732,666	2,650,494
Change in Net Assets	\$(47,666)	\$5,771	\$588,982
	% of Revenues	% of Revenues	% of Revenues
Public Funding	60.8%	56.1%	49.9%
Private & Other Revenue Sources	39.2%	43.9%	50.1%
Sources of Private Funding:			
Individuals	38%	57%	64% ¹
Corporations	10%	7%	7%
Foundations	52%	36%	29%

¹ Includes one-time memorial gift

FY 2020 Services

Laurel House provided services to **875 individuals**.

Social Rehabilitation: 615 individuals received services in: recovery planning, outreach, advocacy, peer support; participated in Writers', Artists', and skill building workshops; dined in the Resource Center Café and/or received meals delivered to their homes; and participated in Laurel House wellness programs and events

Thinking Well (Cognitive Remediation): 91 participants; 89% had positive functional outcomes (e.g., job, school, independent living skills); 92% who completed sessions and took post assessment achieved improvement in 2 or more of 6 cognitive domains

Supported Education and Tele-Education Support (TEdS): 99 participants; 38% enrolled in Associates; 36% in Bachelors; 18% in Vocational Certification; and 8% in GED

Supported Employment: served 99 participants with 54% competitively employed, and
Mobile Employment Services at Recovery Houses: served 60 participants

Community Support Services and Housing: 85 individuals received community support services and housing

**Laurel House, Inc. & Friends of Laurel House, Inc.
Board of Directors**

Kenneth A. DellaRocco, Esq.
Chairman

Julie R. Andersen
Linda M. Autore
Susan J. Marks
Peter M. McGowan
Michael R. Parker
John V. Raleigh
Larry M. Rosenberg, PhD
Diana N. Samponaro
Patricia R. Swasey

**Resources to Recover
Advisory Board**

Christine M. Biddle
Andrew J. Gerber, MD, PhD
Kathy Gilbert, LCSW
Stephanie Raia, LCSW
Larry M. Rosenberg, PhD

President & CEO

Linda M. Autore

Vice President

Jay Boll, LMSW

Clinical Director

Eileen A. McAndrews, LCSW

Chief Financial Officer

Dennis O'Connor

Mission: Help individuals and families achieve and sustain mental health to lead fulfilling lives

www.laurelhouse.net



@LaurelHouseInc



@LaurelHouseInc



@laurelhousect

www.rtor.org



@ResourcesToRecover



@RtoRorg



@resourcestoreco

1616 Washington Boulevard
Stamford, CT 06902
203.324.7735
development@laurelhouse.net

